



### Action Asia 3 day Ultra Marathon 2019 - 60km Overall Result

Overall Position	Race Number	First Name	Last Name	Nationality	Day 1 Time	Day 2 Time	Day 1 + Day 2 Time	Day 3 Time	3 Days Time in Total	Category	Cat Position	Team	Remarks
1	103	King Long	Wat	HKG - China, Hong Kong SAR	01:54:30	01:44:15	03:38:45	01:26:00	05:04:45	Men 18-29 (60km)	1	harvest_sky	
2	120	Keith	Russell	United Kingdom	02:10:43	02:08:33	04:19:16	01:44:40	06:03:56	Men 50+ (60km)	1		
3	102	Pierre	Morel	France	02:11:50	02:08:40	04:20:30	01:44:40	06:05:10	Men 18-29 (60km)	2	Morel	
4	109	Mohamed	Atmani	France	02:25:51	02:13:28	04:39:19	01:51:45	06:31:04	Men 40-49 (60km)	1		
5	113	Nicola	Pantone	Italy	02:23:42	02:13:30	04:37:12	01:54:58	06:32:10	Men 40-49 (60km)	2		
6	126	Nicky	Inge	HKG - China, Hong Kong SAR	02:25:50	02:11:35	04:37:25	01:55:15	06:32:40	Women 18-29 (60km)	1	Under Armour - Harvest Sky	
7	133	Imogen	Short	United Kingdom	02:23:15	02:22:24	04:45:39	02:02:10	06:47:49	Women 30-39 (60km)	1		
8	134	Lucy	McNally	United Kingdom	02:33:40	02:22:40	04:56:20	02:02:10	06:58:30	Women 30-39 (60km)	2		
9	151	Michelle	Shepherd	Australia	02:57:01	02:30:19	05:27:20	02:03:30	07:30:50	Women 40-49 (60km)	1		
10	117	Sen King	Lim	Malaysia	02:45:50	02:37:10	05:23:00	02:07:58	07:30:58	Men 40-49 (60km)	3		
11	128	Rebecca	Wilcox	United Kingdom	02:52:16	02:36:58	05:29:14	02:03:35	07:32:49	Women 30-39 (60km)	3	Wilco Wanderers	
12	125	Sofia	Risberg	Portugal	02:46:52	02:41:32	05:28:24	02:12:55	07:41:19	Women 18-29 (60km)	2		
13	158	Kellie	Yule	Australia	03:06:12	02:37:20	05:43:32	02:04:10	07:47:42	Women 40-49 (60km)	2		
14	105	Bradley	Bester	South Africa	03:03:59	02:49:02	05:53:01	01:56:01	07:49:02	Men 30-39 (60km)	1		
15	169	Keith	Lawson	United Kingdom	02:52:17	02:39:08	05:31:25	02:19:24	07:50:49	Men 50+ (60km)	2	Its Always Sunny In Macau	
16	157	Sarah	Bettle	United Kingdom	02:49:30	02:42:00	05:31:30	02:19:30	07:51:00	Women 40-49 (60km)	3		
17	111	Daniel	Scholz	Germany	03:16:43	02:36:33	05:53:16	01:58:45	07:52:01	Men 40-49 (60km)	4		
18	123	Philippe	Daue	Belgium	03:04:20	02:44:18	05:48:38	02:16:20	08:04:58	Men 50+ (60km)	3	ultra	
19	135	Sze Nga	Cheung	HKG - China, Hong Kong SAR	03:06:30	02:45:59	05:52:29	02:17:59	08:10:28	Women 30-39 (60km)	4		
20	115	James	Bettle	United Kingdom	03:01:13	02:54:58	05:56:11	02:14:58	08:11:09	Men 40-49 (60km)	5	BETTLES	
21	127	Alexandra	Witke	Germany	03:16:45	02:42:00	05:58:45	02:16:25	08:15:10	Women 30-39 (60km)	5		
22	143	Gillian	Leahy	Ireland	03:10:59	02:47:32	05:58:31	02:16:40	08:15:11	Women 40-49 (60km)	4	Team LEAHY	
23	112	David	Leahy	Ireland	03:10:58	02:47:33	05:58:31	02:16:42	08:15:13	Men 40-49 (60km)	6	Team LEAHY	
24	124	Claire	Braithwaite	South Africa	03:16:46	02:52:16	06:09:02	02:14:59	08:24:01	Women 18-29 (60km)	3		
25	131	Jenna Lara	Collett	South Africa	03:16:48	02:52:16	06:09:04	02:14:59	08:24:03	Women 30-39 (60km)	6		
26	129	Ramona	Pop	Romania	03:26:20	02:57:31	06:23:51	02:35:05	08:58:56	Women 30-39 (60km)	7		
27	147	Ruth	Barton	New Zealand	03:27:16	02:59:51	06:27:07	02:39:20	09:06:27	Women 40-49 (60km)	5		

28	148	Becky	Steel	United Kingdom	03:27:17	03:09:52	06:37:09	02:39:20	09:16:29	Women 40-49 (60km)	6	??	
29	122	Yann	Morel	France	03:33:28	03:02:55	06:36:23	02:41:58	09:18:21	Men 50+ (60km)	4	Morel	
30	101	Yuen Kiu Brian	Tso	HKG - China, Hong Kong SAR	03:10:44	02:51:55	06:02:39	03:21:20	09:23:59	Men 18-29 (60km)	3		
31	114	Christophe	Bridoux	France	03:31:59	03:09:05	06:41:04	02:42:58	09:24:02	Men 40-49 (60km)	7		
32	130	Andreea	Rogozan	Romania	03:41:42	03:25:25	07:07:07	02:49:29	09:58:36	Women 30-39 (60km)	8		
33	146	Ruby	Pryor	Singapore	03:52:56	03:39:29	07:32:25	02:34:19	10:06:44	Women 40-49 (60km)	7	Ruby	
34	121	Kum Bo	Kwok	Singapore	03:55:48	03:49:15	07:45:03	02:45:25	10:30:28	Men 50+ (60km)	5		
35	118	Marc	Parrott	Australia	04:35:51	02:44:32	07:20:23	03:14:14	10:34:37	Men 40-49 (60km)	8	Mongolian Border Patrol	
36	162	Samantha	Morris	United Kingdom	04:11:28	04:23:20	08:34:48	02:24:15	10:59:03	Women 40-49 (60km)	8	Gin & Bear It	5 min time penalty in day 1 (no medical kit)
37	107	Daniel	Cohen	United Kingdom	04:35:48	03:42:03	08:17:51	03:14:14	11:32:05	Men 30-39 (60km)	2	Mongolian Border Patrol	
38	165	Chi Mee	Fung	HKG - China, Hong Kong SAR	04:23:54	04:25:20	08:49:14	02:44:09	11:33:23	Women 50+ (60km)	1	no	
39	161	Man	Ng	HKG - China, Hong Kong SAR	04:23:58	04:35:22	08:59:20	02:34:19	11:33:39	Women 40-49 (60km)	9	NA	
40	154	Wendy	Ennis	Canada	04:26:45	04:24:01	08:50:46	02:43:39	11:34:25	Women 40-49 (60km)	10	Wendy Ennis	
41	116	Gareth	Williams	United Kingdom	04:40:49	03:42:03	08:22:52	03:14:14	11:37:06	Men 40-49 (60km)	9	MonGolian Border Control	5 min time penalty in day 1 (no medical kit)
42	166	Kin Man	Hui	HKG - China, Hong Kong SAR	04:23:56	04:35:22	08:59:18	02:44:45	11:44:03	Women 50+ (60km)	2	NA	
43	140	Xuezhou	Zhang	HKG - China, Hong Kong SAR	04:08:10	04:39:29	08:47:39	03:14:20	12:01:59	Women 30-39 (60km)	9	XUE	5 min time penalty in day 1 (no medical kit) 1 hour time penalty in day 2 (no medical kit)
44	139	Sophia	Lin	United States	04:44:59	04:04:10	08:49:09	03:13:30	12:02:39	Women 30-39 (60km)	10	Sophia Lin / Thi Quach	
45	153	Thi	Quach	United States	04:45:00	04:04:10	08:49:10	03:13:30	12:02:40	Women 40-49 (60km)	11	VEERAH WARRIORS	
46	163	Amy Elizabeth	Beckingham	United Kingdom	04:06:54	04:24:30	08:31:24	03:42:28	12:13:52	Women 40-49 (60km)	12	Gin & Bear It	
47	152	Cath	Allen	New Zealand	04:42:01	04:24:58	09:06:59	03:15:20	12:22:19	Women 40-49 (60km)	13		
48	150	Lorraine	Adessky	Australia	04:42:03	04:24:58	09:07:01	03:15:20	12:22:21	Women 40-49 (60km)	14		
49	155	Kathryn	Ashley	New Zealand	04:42:05	04:24:58	09:07:03	03:15:20	12:22:23	Women 40-49 (60km)	15	Matthew Fenwick	
50	104	Eric	Leong	Australia	04:52:52	04:30:04	09:22:56	03:19:20	12:42:16	Men 30-39 (60km)	3		
51	106	David	Wajntraub	Australia	04:52:56	04:30:04	09:23:00	03:19:20	12:42:20	Men 30-39 (60km)	4		
52	132	Chia-Wei	Chang	Taiwan	04:46:02	04:28:20	09:14:22	03:38:02	12:52:24	Women 30-39 (60km)	11	VEERAH Warriors	
53	164	Amita Kaur	Haylock	Malaysia	04:43:20	04:29:25	09:12:45	03:42:29	12:55:14	Women 40-49 (60km)	16	Gin & Bear It	
54	159	Erika	Dominique	United States	04:57:50	04:29:00	09:26:50	03:47:50	13:14:40	Women 40-49 (60km)	17		
55	160	Emma	Beesley	United Kingdom	04:57:51	04:29:00	09:26:51	03:47:50	13:14:41	Women 40-49 (60km)	18		
56	144	Laura	Weeks	United Kingdom	09:39:18	04:49:39	14:28:57	03:42:29	18:11:26	Women 40-49 (60km)	19		
57	145	Rebecca	Miller	United Kingdom	09:39:19	04:49:39	14:28:58	03:42:29	18:11:27	Women 40-49 (60km)	20	? with Laura Weeks	
58	170	Peter	Bartusek	Hungary	DNF	02:30:21	02:30:21 Day 2 only	01:58:02	04:28:23 Day 2 + Day 3 only	Men 30-39 (60km)	5	Its Always Sunny In Macau	
59	167	Carl	Berrisford	United Kingdom	DNS	DNS	DNS	02:04:12	02:04:12 Day 3 only	Men 50+ (60km)	6	Carl Berrisford	
60	138	Alice	Nader	Brazil	05:56:00	DNS	05:56:00 Day 1 only	DNS	05:56:00 Day 1 only	Women 30-39 (60km)	12	Team-143	